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<p>Amana Top Loading 3.6 Cubic Foot Washer</p>	<p>Avanti 1.0 Cu. Ft. Portable Washer - White</p>
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'SATANIST' WHO HAD SEX WITH MANY PASTORS APPROACHES PROPHET MAGAYA (PHOTO) ...

CHITUNGWIZA WOMAN ARRESTED FOR RAPING A MAN COMING FROM CHURCH ...

PRESIDENT MUGABE TOLD TO STEP DOWN AFTER REVEALING HIS SALARY ...

SOUL BROTHERS MUSICIAN MOSES NGWENYA SHOT TWICE BY ROBBERS WHERE LUCKY DUBE WAS SHOT DEAD TOO

SO YOU WERE HAVING SEX WITH MY WIFE WHILE I WAS IN PRISON: ZVISHAVANE MAN FIXES CHIKOMBA ...

MyZim Comments

MEET THE MARRIED WOMAN WHO HAD SEX WITH 3,000 MEN AND HER HUSBAND DOESN'T MIND



chipo
Yesterday

Ndanzwa
kusemeswa.mbwa dziri nani

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MARRIED WOMAN CAUGHT HAVING SEX WITH BOYFRIEND, HUBBY CRITICALLY ILL IN HOSPITAL, SUFFERING FROM HIV



chipo
Yesterday

Iye murume anenge aimuhurirao rough kuzosvika pakuita std mbiri .inguva yakeo yokufara .siyanai ...

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MEET THE MARRIED WOMAN WHO HAD SEX WITH 3,000 MEN AND HER HUSBAND DOESN'T MIND



Solo
Yesterday

Varamu do practise swinger thing and its unbiblical! Chiramu kusikiza lust or kutochiva futi. Thou ...

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LATEST ON PLOT TO

Masturbation helps prevent prostate cancer, boosts immune system: Study reveals

Published on 02 September 2014
Written by Staff Reporter



<p>Avanti 1.6 Cu. Ft. Portable Washer - White</p>	<p>Avanti 1.0 Cu. Ft. Portable Washer - White</p>
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It is already well known that masturbation helps prevent prostate cancer in men, now a German study has found it also boosts the immune system. According to the study, which is available on Pubmed, the investigators got 11 male volunteers to masturbate until orgasm, and to perform a control activity that didn't involve any sex at all.

OBJECTIVE:

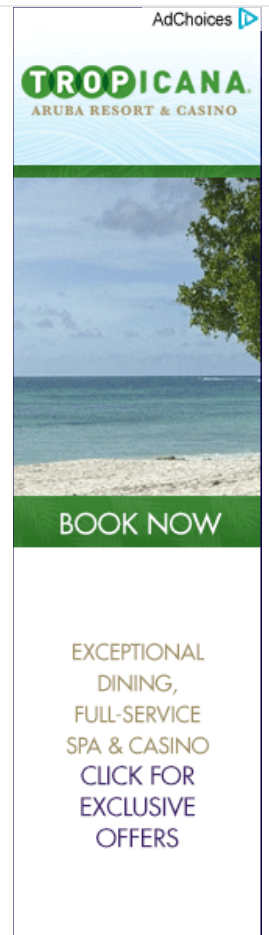
Sexual arousal and orgasm induce an increase in sympathetic activity as well as in catecholamine and prolactin plasma concentrations. However, the effects of sexual arousal and orgasm on immune functions in man are unknown. Thus, this study investigated the effects of masturbation-induced orgasm on lymphocyte circulation and cytokine production in healthy young males.

METHODS:

In a crossover design, 11 volunteers completed an experimental condition in which they were asked to masturbate until orgasm and to participate in a control condition without sexual activity. Blood was drawn continuously for determination of endocrine parameters. In addition, leukocyte and lymphocyte subsets were analyzed via flow cytometry, and the production of lipopolysaccharide-induced interleukin 6 and tumor necrosis factor alpha was measured before and then 5 and 45 min after the orgasm.

RESULTS:

The results confirmed transient increases in adrenaline and prolactin plasma concentrations.



MyZim Hall of Fame

selele
39 (+28)

Solo
9 (+3)

njanji

KILL PRESIDENT MUGABE: ZANU PF BUSINESSMAN EXPOSES MUJURU'S RITUAL SITE



selele
Yesterday

The only plot I know is the plot to falsely accuse political competition. Manje hatisi matsga.

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MEET THE MARRIED WOMAN WHO HAD SEX WITH 3,000 MEN AND HER HUSBAND DOESN'T MIND



Solo
Yesterday

Pastor Aaron said that we should not support the west even if its the worst! If family is destroyed ...

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LATEST ON PLOT TO KILL PRESIDENT MUGABE: ZANU PF BUSINESSMAN EXPOSES MUJURU'S RITUAL SITE



chimiso
Yesterday

iye mutodi anoroyerwei? anei?? imboko ngaasiyane nezvenyika azive zvekubleacher chete. Nxa kutinyangadza ...

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PRESIDENT MUGABE'S MONTHLY SALARY REVEALED



selele
Yesterday

12 000 millionUSDollar s
yes.. 🤔 Viva the one and only SANKARA!!

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DIDYMUS MUTASA TO BE KILLED SOON?



selele
Yesterday

If he has support, he should stand.

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MEET THE MARRIED WOMAN WHO HAD SEX WITH 3,000 MEN AND HER HUSBAND DOESN'T MIND



selele
Yesterday

Musade kunyepa apa. Vangani maZimbabweans anotamba chiramu right into the bed? Vazukuru vachnzi "murume ...

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Masturbation helps prevent prostate cancer, boosts immune system: Study reveals - My Zimbabwe News

Sexual arousal and orgasm increased the absolute number of leukocytes, in particular natural killer cells (CD3-CD16+CD56+), in the peripheral blood. In contrast, T cell (CD3+) and B cell (CD3-CD20+) subpopulations as well as the production of interleukin 6 and tumor necrosins factor alpha remained unaffected by sexual activity.

CONCLUSION:

These findings demonstrate that components of the innate immune system are activated by sexual arousal and orgasm. - Pubmed



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Mukorekore Tavara

5 (0)

fadzo

5 (0)

Alisa

3 (+4)

chipo

3 (0)

mavis

3 (0)

Hacha Ndizvo Dr

3 (+2)

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DIDYMUS MUTASA TO BE KILLED SOON?



Solo
Yesterday

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SaMutasa has been in government ...

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tolo • 6 months ago

kkkkkkkkkkkkkkkkkkkkkkkkkkkkkkkk

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KEKEKE_BOOM • 6 months ago

You do these studies always find that the evil things in life prevent this or that ailment?

^ | ▾ • Reply • Share ▾

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maita — "According to reports, Moyo in one politburo meeting, described the burly Mpofu as ...

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ndini uya uya — We only know you MPs as toothless bulldogs

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Jimalo — ah hauzive here kuti ndiko kwaidzingirwa vanenge vabatwa huroyi from most ...

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Chavairi — Hahahaaaa! Very funny! Almost got me there, really!! But actually, I would be ...

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COMMENTS



Hacha Ndizvo 2014-09-02 16:34

I hope this will not provide solace to perverts who use their hands in place of a woman

0



vassyvybes 2014-09-02 20:31

kkkk bettr 2 die nemuzvezve pane kuita hama maoko

0



mynameis 2014-09-03 05:47

Ah hazvizivo zvakanguri zvabuda paMasters of Sex season 1?

0



rmunemo 2014-09-03 08:24

on top of that, hama mawoko (masturbation) is the safest in terms of sexually transmitted diseases.

-1

ddx 2015-01-23 10:39



Guys masturbation is the best, no STIs, no unplanned pregnancies, stress free, any time is tea time! haabig up bonyoraa!!!

0



selele 2015-01-23 11:49

0

musade kuwanza chivanhu nechipostori zvemangamanga. Science is talking and proving your "socially conditioned" brains wrong. They are not saying you should do it but just demonstrating to you what it does.

In short, IF you don't have access to clean healthy women and you still want to enjoy the "fringe benefits" of intercourse, there is an option.
Kana muchiti makadzidza I'm sure you got it.



rmunemo 2015-01-23 12:24
the safest

0

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